

Peterborough Rugby Club  
Club Welfare Policy

Policy and Code of Conduct for Coaches

Policy

All rugby coaches must respect the rights, dignity and worth of every young person with whom they work with and treat them equally within the context of rugby union.

All rugby coaches must place the physical and emotional well being of all young players above all other considerations, including the development of performance,

The relationship that a rugby coach develops with the players with whom they work must be based on mutual trust and respect,

All rugby coaches must ensure that all activities undertaken are appropriate to the age, maturity, experience and ability of the young players,

All rugby coaches must encourage young players to accept responsibility for their own behavior and performance.

All rugby coaches should clarify with young players and their parents/carers what is expected of them both on and off the rugby field and also what they are entitled to expect from the coach.

All rugby coaches should work in partnership with others in the game to ensure the well-being, safety and enjoyment of all young players:

All rugby coaches must promote the positive aspects of the sport. Behavior contrary to the spirit of the laws of the game or relevant regulations or the use of prohibited techniques or substances must never be condoned.

All rugby coaches must undertake Enhanced Criminal Records Bureau procedure.

All rugby coaches must have appropriate RFU coaching qualifications

Code of Conduct and Good Practice

Recognise the importance of fun and enjoyment when coaching young players. Most learning is through doing.

Be a positive role model – think what this implies. Insist on fair play.

Provide positive feedback to your players.

Respect all referees and the decisions they make. Ensure that the players recognize that they must do the same.

Provide experiences, which are matched to the young players' ages and abilities, as well as their physical and mental development.

Ensure all youngsters are coached in a safe environment, with adequate first aid readily to hand.

Avoid the overplaying of the best players, by using a squad system, which gives everybody a satisfactory amount of playing time.

Be reasonable in your demands on players' time, energy and enthusiasm

Never allow a player to train or play when injured.

Ensure good supervision of young players, both on and off the field.

Listen to your players and ensure the time they spend with you is a positive experience for them all.